



Kawerau groups and services for older people

updated in October 2019



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0800 HELPLINES

Alcohol Drug helpline	0800 787 797	
Anxiety	0800 269 4389	
Cancer	0800 226 237	
Depression/Anxiety	0800 543 354	www.depression.org.nz
Epilepsy NZ	0800 202 122	
Gambling addiction	0800 654 655	Free text 8006
Health line	0800 611 116	
Lifeline	0800 543 354	Free text 4357
Mental health/addictions	0800 774 545	free call or text 1737
Meth help	0800 6384 4357	
Social service helpline	0800 211 211	
Victim support	0800 842 846	www.victimsupport.org.nz

Government Agencies

Housing NZ	0800 801 601	www.hnzc.co.nz
Inland Revenue	0800 221 221	www.ird.govt.nz
Oranga Tamariki	0508 326459	www.orangatamariki.govt.nz
WINZ	0800 559 009	www.workandincome.govt.nz

ACCIDENT COMPENSATION CORPORATION (ACC)

Injury prevention, treatment and compensation following personal injury by accident.

Funding is also provided for counselling under what is called 'sensitive claims' (sexual assault). You and/or your counsellor need only submit an application form.

Physical Address: Cnr Boon Street and The Strand
Whakatane

Phone: (07) 306 0114
0800 222 070

Fax: (07) 306 0101

Website: www.acc.co.nz

Hours: Monday – Friday
8am – 5pm, by appointment

Referral system: Self / GP

ACUTE INPATIENT MENTAL HEALTH SERVICE

An acute in-patient mental health service offering assessment and treatment for people who are experiencing acute mental illness.

Physical Address:	Whakatane Hospital Stewart Street Whakatane
Postal Address:	P.O. Box 241 Whakatane 3158
Phone:	(07) 308 0780
Fax:	(07) 306 0778
Hours:	24/7
Fees:	No cost
Referral system:	Entry assessment
Target Group:	Adults / Older persons

AGE CONCERN

Support Services, Information, Advice and Personal Advocacy:

- Responding in person/phone to a range of queries from older people and their carers e.g. advising where to obtain a service, what is available.
- Providing confidential support and empowerment to older people.

Information Resources:

- Providing resources e.g. pamphlets, videos and books.

Social Activities:

- Holding events that provide social connection between older people e.g. drop in centres.

Physical Address: 1333 Eruera Street
Rotorua

Postal Address: P.O. Box 1605
Rotorua 3040

Phone/Fax: (07) 347 1539

Website: www.ageconcern.org.nz

Email: ageconcernrotorua@xtra.co.nz

Hours: Tuesday 9.30 am - 3.30 pm
Wednesday 9.30am - 1.30 pm

Referral system: Self /Other agencies

ALTERNATIVE HEALING GROUP

Holistic healing using a variety of methods.

Address: 8 Ranfurly Court (back of Eduquip Bookstore building. Access from the carpark opposite Police Station on Islington St, Kawerau)

Phone: 027 298 9238

Hours: Wednesday 10 am healing meditation
10.30 am healing spirit, soul and body

Contact: Beth

Fees: Koha

Referral system: Self

Target Group: All ages

ALZHEIMERS SOCIETY EASTERN BAY OF PLENTY

Support, information and provide a service for families and persons affected by Alzheimers.

Assess needs for clients. For example:

- Up-to-date doctor assessments (GP and community mental health)
- Home care needs
- Day programmes

Monthly social group meetings 1st Thursday at Bert Hamilton Hall, Porritt Drive

Address: Unit B and C
Professionals Building
38 Landing Road
Whakatane

Ph / Fax: 308 0525

Email: alzheimerseasternbop@xtra.co.nz

Hours: Tuesday – Friday
9 am – 12 pm

Referral Process: Self referral
Doctors
Family/Friends
Community Mental Health
Occupational Therapists
Support Net (Hospital Social Services)
Home Care Providers

ARTHRITIS FOUNDATION

Arthritis education and monthly information support group for those with arthritis.

Email: bopsc@arthritis.org.nz

Website: www.arthritis.org.nz

Address: c/- Historic Village
17th Avenue West
Tauranga

Postal Address: PO Box 841
Tauranga

Fees: Free

Hours: Monday - Friday
9.00am – 1.00pm

Referral System: Open drop in centre, phone or email.
Arthritis educator direct dial (07) 348 5135

BAY REHAB

Community-based rehabilitation programmes following illness or injury. Covering the wider Bay of Plenty area, teams are based out of Tauranga, Whakatane, Thames and Rotorua.

Our expertise is multidisciplinary, made up of:

- Physiotherapy
- Occupational therapy
- Speech and language therapy
- Nursing
- Psychology
- Medical assessment
- Neuropsychology
- Dietician
- Social work

Postal Address: P.O Box 14-062
Tauranga

Phone: (07) 543 2161

Fax: (07) 543 2163

Website: www.bayrehab.co.nz

Email: admin@bayrehab.co.nz

Hours: Phone to make an appointment

Fees: Vary depending on service provided

Referral: Self referral / GP

BIRD CLUB WHAKATANE

The Federation of Bird Clubs was formed in 1932 and is currently based in Christchurch providing an umbrella organisation for over 30 clubs throughout New Zealand.

There are also 14 specialist bodies which cater for the different species of birds.

The Federation is the governing body and sets the rules for showing and judging at the many shows staged by clubs throughout the country.

Meetings held on the 2nd Tuesday of every month from 7.30pm.

Physical Address: Meeting venue: Knox Church, Domain Road
Whakatane

Postal Address: President
David Pawson
118 Otakiri Road
RD2
Whakatane 3192

Phone: (07) 304 6191

Website: www.birdclubs.org.nz/club_whakatane

Email: davidpawson@xtra.co.nz

BRAIN INJURY ASSOCIATION

Sudden knocks to the head through falls, sporting injuries and car crashes can all result in a brain injury. In fact, if you have ever suffered a concussion, no matter how mild, then you have sustained a brain injury.

There are 14 Regional Brain Injury Association offices providing support, education and information services throughout New Zealand.

Postal Address:	P.O Box 528 Whakatane
Phone:	(07) 307 1447
Fax:	(07) 307 0229
Website:	www.brain-injury.org.nz
Email:	braininjury@drct.co.nz
Hours:	8.00 am to 4.30 pm
Fees:	Free
Referral:	GP or self referral

BOWLING CLUB

Bowls and social venue. Open most days for social activities.

Physical Address: Plunket Street
Kawerau

Postal Address: Kawerau Bowling Club Inc.
P.O Box 32
Kawerau

Phone: 07 323 6144

Hours: Tuesday and Thursday roll up for games

Contacts: President: Kate Bain – 07 323 6456
Secretary: Brian Bell – 07 323 6450

Fees: Full member - \$130
Social member - \$40

Target Group: All

BREASTSCREEN AOTEAROA

Breast screening by Breastscreen Midland (part of the National Breastscreening Programme).

Phone to register. Registered clients are notified of an appointment time. The mobile unit no longer visits Kawerau.

Address: **East Bay Radiology**
Concordia House
17-19 Pyne Street
Whakatane

Phone: 0800 270 200

Fees: Free for ages 45-69

Target Group: Women of all ages

BRIDGE CLUB

Club plays every Tuesday night from 7pm till 10pm at the Bert Hamilton Hall, Porritt Drive.

Also play on Monday afternoons at members' homes, from 1pm to 4.30pm

Contacts: President – Corrie Overdevest 304 9525
Secretary – Derek Moores 323 7039

Email: dereksuem@gmail.com

Fees: \$40 annual membership

Target Group: Mature

BUDGET ADVISORY SERVICE

- Helping people to manage their money.
- Supporting families experiencing financial difficulties.
- Budget advice, working on an on-going basis with individuals.
- Debt management advice, working with multiple agencies such as banks, finance companies and Work and Income to help clients work through bankruptcy protocols.
- Community education about budgeting (by appointment.)

Physical Address: 12 Ranfurly Court
Kawerau

Postal Address: Budget Advisory Service (Rangitaiki) Inc.
P.O. Box 26
Kawerau

Phone: 323 6653

Email: budgetservicerangitaiki@xtra.co.nz

Hours: Tuesday 9.30 am - 3.30 pm
Wednesday 9.30am - 1.30 pm

Contacts: Debbie Henton (Coordnator)

Referral system: Self /Other agencies

CANCER SOCIETY SUPPORT GROUP

Improving community wellbeing by reducing the incidence and impact of cancer.

The Cancer Society is committed to working with our communities by providing leadership and advocacy in cancer control, with core services in- Health Promotion, Support, Information and Resources and Research.

The Cancer Society of New Zealand is a non-government organisation reliant on community support and donations.

Kawerau support group held monthly at Heartlands, 60 Onslow Street

Postal Address:	National Office Cancer Society of New Zealand PO Box 12700 Wellington 6144
Website:	www.cancernz.org.nz
Contact	Vicki Le Garth 021 913 096 vickilegarth@cancer-society.org.nz
Referral System:	Open entry and no cost
Target Group:	All the community
Meets at:	Jive Café conference room 3 rd Tuesday each month at 10.30am

CARDIAC SUPPORT GROUP

The Whakatane Cardiac Support Group is a social support group, meeting informally for social occasions.

Meetings generally held on Sundays.

Physical Address:	100/2 Domain Road Whakatane 3120
Phone:	(07) 308 4780
Website:	www.bopwebhealth.co.nz
Hours:	Phone to make an appointment
Fees:	No cost
Referral:	Self referral

CHURCHES

Anglican Church

St. Margarets
1 Newall St
KAWERAU
Sunday 9.00am
Ph: 323 7822

Catholic Church

St Gerard's
Onslow Street
KAWERAU
Thursday 9.00am
Sunday 5.00pm
Ph: 323 8384

Jehovah's Witness

125 Valley Road
KAWERAU
Thursday 7pm
Sunday 10am
Ph: 323 8627

Kawerau Christian Fellowship

24 Hardie Avenue
KAWERAU
Sunday 9.30am and 6.00pm
Ph 323 7848

Kawerau Presbyterian Church

Onslow Street
KAWERAU
Sunday 9.30am
Ph: 323 8790

New Nation Church

Concert Chambers
Ranfurly Court
KAWERAU
Sunday 10.00am
Ph 021 597 556

Kawerau Lutheran Church

256 River Road
KAWERAU

Sunday 11.30am
Ph: (07) 307 9220

Kawerau Bible Chapel

Kawerau Konnect Centre
371 River Road
KAWERAU
Sunday 10.00am
Ph 323 8627 and 323 6367

Te Hahi Mihinare

(Maori Anglican Church)
Onslow Street, KAWERAU
Sunday 9am
Eddie Masters (13 Galway Street)

House of Hope -Assembly of God

Tamarangi Drive
KAWERAU
Sunday 10.00am and 6.00pm
Ph: 323 8003

Maranatha Fellowship

Lutheran Church
256 River Road
KAWERAU
Saturday 10.00 am
Ph: 323 8332

CITIZENS ADVICE BUREAU

- Free, confidential information and referral service.
- Justice of the Peace on Thursdays.
- Legal clinics, where to go for guidance and help with your rights.

Physical Address: 21 Boon Street
Whakatane
3120

Phone: (07) 3085609
0800 367 222

Fax: (07) 307 0138

Website: www.cab.org.nz

Email: cab.whk@xtra.co.nz

Hours: Monday – Friday
9.00am – 4.30pm
Saturdays
10am -12pm

Referral System: Open entry

Target Group: All the community

COFFIN CLUB

You can make and personalise your own coffin and enjoy social company of other adults.

Physical Address: Kawerau Life Konnect
371 River Road
KAWERAU

Phone: Basil 027 280 6131
Graham 323 6281
021 0600106

Hours: Meets every Monday and Wednesday morning from
8.30 am to 12.30 pm at Kawerau Konnect.

COMMUNITY MENTAL HEALTH and ADDICTION SERVICE

Psychiatrists, Acute Crisis Workers, Mental Health Nurses, Psychologists, Social Workers, Maternal Mental Health Nurse / Counsellors, Methadone Counsellors, Maori Mental Health Support, Alcohol and Drug Assessments, Counselling, Treatment plans. Facilitate access to residential Rehabs, other relevant referrals to appropriate agencies, community, workshops and education. Ongoing support for chronic mental health cases and assessments for elderly dementia and mental illnesses.

Physical Address: Level 2 Commerce Plaza
Commerce Street
Whakatane

Postal Address: P.O Box 241
Whakatane 3158

Phone: (07) 306 0154

Fax: (07) 308 9675

Website: www.addictionshelp.org.nz

Hours: Monday – Friday
8am – 4.30pm

Referral: Self referral or G.P

24 hr Crisis Line: 0800 774 545
(For attempted suicide or psychotic behavior)

COMMUNITY PATROL

The Kawerau Community Patrol patrols the town at night and during the day, acting as the eyes and ears for the police. Patrols check right round the town, including the CBD, clubrooms, parks and notified homes of people who are away. People who are going away can access nightly patrols of their home by notifying the Kawerau Police.

Patrols are not responsible for engaging with anyone who may be acting suspiciously, but to notify the police only.

The Kawerau group is affiliated to Community Patrols of New Zealand. Meetings are held at 7.30 p.m. on the second Wednesday of the month. All welcome.

Postal Address: Kawerau Community Patrol
c/- Kawerau Police Station
Islington Street
Kawerau

Contacts: Secretary – Wendy Peri, 323 6063
Chairperson - Russ Torrie, 323 7419

COSMOPOLITAN CLUB

Entertainment and restaurant facilities.

Snooker, eight ball tables and darts.

Meat raffles and membership draws.

Quiz nights.

Physical Address: Kawerau Cosmopolitan Club
107-109 Onslow Street
Kawerau

Phone: 323 7132

Fax: 323 7745

Email: kaweraucossie@xtra.co.nz

Website: www.kaweraucossie.co.nz

Hours: Monday/Tuesday/Thursday 12 noon – 8pm
Wednesday/Friday/Saturday 11am – 1 am
Sunday 1pm – 9pm

Restaurant: Dinner 6pm – 8pm Wed, Fri and weekends with bookings
Lunch 12pm – 2pm Tuesdays, or by arrangement

Courtesy Van: Daily during opening hours
Ph. 021 0876 6383

Fees: Sub \$30 per annum per person

COTTAGE CRAFT

Contacts:	Jan Purcell, President
Phone:	323 4149
Meeting Frequency:	1 st and 3 rd Tuesday 9.30 – 11.30 am
Meeting Location:	Anglican Te Haahi Mihinare 157 Onslow Street
Membership Fees:	\$15 per year plus \$2 per meeting
Target Group:	All welcome
Description:	An opportunity to learn, practise and share skills in any kind of hand craft.

DENTAL TECHNICIAN

Registered dental technician providing appointments for denture and dental services. Costs vary depending on the work carried out. Services include:

- Consultations
- Quotes
- Repairs
- Relines
- Partial
- Dentures
- Hygienists

Company Name: Fairy Dentures

Physical Address: Kawerau Life Konnect
371 River Road
Kawerau 3127

Phone: 323 8555

Hours: Monday – Thursday
9.00am – 5.00pm

Specific: Dental technician with specialty training in advanced restorative dentistry and implant dentistry.

DIABETES NEW ZEALAND

Diabetes New Zealand is a national charity that represents people with diabetes.

Our vision is that all people with diabetes in New Zealand are the best managed in the world and have the best access to health care.

Diabetes New Zealand and its affiliated societies offer support and education for people with diabetes.

Postal Address: c/- PO Box 12441
Wellington

Phone: Margaret Marks, EBOP Branch (07) 307 1578 or
National Office 0800 369 636

Kawerau Diabetes Support Group:
Brett Pacey 027 283 3597

Fee: Membership \$20

DIABETES NURSE/EDUCATOR

Help, support and information for diabetes sufferers.

Physical Address: Kawerau Heartlands Centre
KEA Building
60 Onslow Street
KAWERAU

Phone: 323 1132

Hours: Second Monday of the month

Contact: Jo Brown

Support Group: Brett Pacey ph 027 283 3597
Email: missfar@xtra.co.nz

Referral system: Referral from GP or hospital

Target Group: Diabetes sufferers

DIETITIANS

Provided as part of the Eastern BOP Primary Health Alliance, two dietitians are available for appointments at the Kawerau Heartlands Centre.

Physical Address: Kawerau Heartlands
60 Onslow Street
Kawerau

Postal Address: P.O Box 119
Kawerau 3169

Phone: 323 1132
306 2324

Website: www.ebpha.org.nz

Email: info@ebpha.org.nz

Hours: Dietitian 1: 9.30 am to 4.00 pm every second Thursday
Dietitian 2: 10.00 am to 3.00 pm (3 monthly clinic)

Target Group: All ages

DISABILITY AIDS - UP-2-DATE

Up2ate is a consultancy service and online shop focused on the needs of the disability sector in New Zealand

Here you can purchase a wide range of disability aids like wheelchairs and walkers, mobility and recreational tools, exercise and therapy equipment, plus a huge range of daily living aids that allow you to live life to the fullest.

You'll find an online community and services and support groups near you. Find out about education, recreation, sport, travel and more – all presented with the disabled community in mind.

Up2date's expert consultancy team provides organisations with disability awareness training and service reviews.

Postal Address: 2d Appenzell Drive
Whakatane 3128

Phone: (07) 307 9101
(021) 321 213

Website: www.up2date.co.nz

Email: bev@up2date.co.nz

Hours: Monday – Friday 10am – 4.30pm
Saturday 10am – 1pm

Target: All

DISABILITIES RESOURCE CENTRE TRUST

Provides a range of health, well-being and support services catering for people with a huge range and level of disabilities.

Also offering fully-equipped conference facilities for use by the entire community.

The Disabilities Resource Centre Trust is a Charitable Trust and operates with a Chief Executive Officer and teams consisting of Home Care Services, Community Services, Advocacy, Information and Administration.

Physical Address: 141 – 143 King Street
Whakatane

Postal Address: PO Box 528
Whakatane

Phone: (07) 307 1447
0800 227 363

Fax: (07) 307 0229

Email: drct@drct.co.nz

Hours: Monday - Friday
8.00am – 4.30pm

Contacts: CEO Bronwen Foxx

Fees: Some hire charges for equipment.

Referral system: Doctors, hospitals and other medical agencies

Target Group: People with disabilities and their families

DISTRICT NURSING SERVICE

District nurses provide specialised care/treatment for patients and families in their own homes, if housebound due to their medical condition, or in a clinic run by district nurses.

District nurses will coordinate patient care, from admission to the service, until they transfer care back to the GP practice. District nurses work closely with the patient and their health team.

Services include:

- specialist wound care
- intravenous therapy
- specialist services
- ostomy
- continence
- medication management for rheumatic fever patients
- short term nursing services following an acute injury.

Physical Address: Kawerau Heartlands Centre
KEA Building
60 Onslow Street
Kawerau

Postal Address: Whakatane Hospital
PO Box 241
Whakatane 3158

Phone: 323 1132

Fax: 323 8217

Website: www.bopdhb.govt.nz

Hours: Monday – Friday
8.30am – 3.30pm

Contact: Maria Dawson

Referral: GP/Hospital

EPILEPSY NZ (BOP)

Offers information, education and support to people (family/whanau), carers, schools and/or colleagues) living with epilepsy.

- Aim for living a fulfilling life with epilepsy.
- Educational services for professionals who work with people with epilepsy such as ambulance service staff, police, nurses and teachers
- Community awareness through speaking engagements in community groups including service clubs, workplaces, school and recreational clubs
- Information and support services, both face-to-face and over the phone
- Educational programmes to increase the understanding of a person with epilepsy, their family and friends
- Local branches offering various types of support and social groups
- Seizure management planning that provides strategies to help the person with epilepsy gain control of their seizures and build confidence

Postal Address:	PO Box 1775 Rotorua
Phone:	0800 202 122 07 346 3912
Fax:	07 346 3912
Website:	www.epilepsy.org.nz
Email:	rotorua.easternbay@epilepsy.org.nz
Hours:	Monday – Thursday 9.00am – 4.00pm
Referral System:	GP and other agencies

FOODBANK

As well as food items, Kawerau Foodbank also accepts donations of furniture to give to needy families.

(The House of Hope also has a **fully equipped disability bathroom** which caters for people who do not have appropriate facilities at home. Open to anyone with a disability who lives in Kawerau.)

Location: Kawerau House of Hope
16P Tamarangi Drive

Postal Address: Kawerau Foodbank
c/- 24 Syme Crescent
Kawerau 3127

Phone: 323 8711
323 8003 (church)

Email: saintpaulsharon@xtra.co.nz

Hours: Food Bank: Wednesday 10.00am – 1.00pm
Soup Kitchen: Friday 11.00am – 1.00pm

Fees: N/A

Referral System: Self referral for first request, Budget Advisory Service referral thereafter. Preferably make contact by Tuesday for the Wednesday allocation.

KAWERAU FREEMASONS

A service organisation which aims to work for charity and raise funds for the local community.

- Postal Address:** Colin Wilde
Secretary
Paul Road
RD2, WHAKATANE
- Website:** www.freemasons.nz.org
- Hours:** Meetings 1st Monday of each month
Starting at 7.30 p.m.
- Contact:** Peter Cave 323 7881
Bill Tripp 323 6278
- Target Group:** Men only. Must be over 21 years old

FRIENDSHIP GROUP

Description:

- Walking Group
- Fun and friendship
- Guest speaker monthly and morning tea
- Bi-monthly trivial pursuit
- Trips away, both day and overnight.

Physical Address: Meet at St Margaret's Anglican Church
3 Newall Street
Kawerau

Phone: 323 8673

Hours: Meetings 1st Monday of each month
10.00am – 12.00pm

Contacts: Secretary : Ruth Simpson 323 4013

Fees: \$15.00 Joining fee + \$15.00 annual membership

Target Group: Over 55

GOLF and SQUASH CLUB

Description: Golf and squash activities and facilities.

Club Days Men – Saturday tee-off from 9.00am
Women – Sunday tee-off 9.00am - 9.30am

Ladies Wednesday Tee-off 9.00am – 9.30am

Physical Address: 82 Cobham Drive
Kawerau

Postal Address: Kawerau Golf and Squash Club
PO Box 82
Kawerau

Phone: 323 7095

Email: kaweraugolf@xtra.co.nz

Contacts: Secretary: Raina Hiki
President: Andrew Anderson (027) 242 0850
Club Manager: Owen Enright 323 6005
Men's Club Captain: Lionel Bellas
Ladies Club Captain: Helen Bentley 323 7742

Fees: 18 hole green fees (casual round) - \$15

Golf Club Membership
\$989 - Couple
\$556 - Full membership
\$458 - Pensioner
\$252 - 9 hole membership
\$200 – New Member

Squash Club Membership - \$50 each plus \$25 for a key

Target Group: All Ages

GRANDPARENTS RAISING GRANDCHILDREN

A non-profit Charitable Trust, based in New Zealand, established to support Grandparents/kin who are raising Grandchildren/whanau children.

Mission

To provide support services that help to reduce stress, promote and preserve the wellbeing of families/whanau and maximise stability in the lives of grandparents, kin carers and children in circumstances where the children are not being raised by their parents

Aims

- To provide support to grandparents/kin who are primary caregivers.
- To provide opportunity for grandchildren/kin to interact with others in the same situation.
- To raise awareness as to the role of the grandparents/kin in the primary care-giving role.
- To undertake research to establish the depth of grandparents/kin in the primary caregiver role in New Zealand and respond accordingly.
- To facilitate change in the legal and regulatory environment for children in care.

Postal Address: P.O Box 834-892
Birkenhead
Auckland 0742

Phone: (09) 480 6530
0800 472 637 ext 1

Website: www.raisinggrandchildren.org.nz

Email: office@grg.org.nz

Hours: 9am – 2.30pm

Referral: N/A

Target Group: Grandparents who are raising grandchildren

GREY POWER

- Forum for expressing concerns of older people
- Medium for contributing to national body
- National body lobbies government
- Monthly meetings second Friday of the month starting 1.30 pm
- Members receive flyer of updates every two months
- Members are eligible to join Pulse GreyPower electricity

Postal Address: Kawerau Grey Power
P.O Box 209
Kawerau 3169

Email: lynhughes63@gmail.com

Contacts: President:- Brian Dent 022 381 0662

Membership Registrar:- Jan Sparks 323 7776

Phone for meeting information.

Fees: Single \$15.00
Couple \$25.00

Target Group: 50 + years

HEALTH AND DISABILITY ADVOCACY

Help people resolve issues with, or complaints about, a health or disability service provider.

Provide information through education and promotion about personal rights when using health and disability services.

Can act on instructions from the consumer if requested, help to find answers or make a complaint.

Independent advocates offer education and training for anyone about consumer rights and provider duties.

Home visits can be made.

Postal Address:	P.O Box 5013 ROTORUA 3044
Phone:	(07) 307 0646 0800 555 050
Website:	www.advocacy.hdc.org.nz
Email:	advocacy@hdc.org.nz
Contact:	Lynette Jones
Fees:	This service is free, independent and confidential
Referral:	N/A
Target Group:	All ages who may require support regarding a health provider

HEALTHCARE NZ - TE WHIRINGA ORA

Te Whiringa Ora service is about empowering people with long-term conditions to enjoy a higher quality of life and greater wellbeing, by:

- extending the vital role of general practice and hospital care into the home
- supporting people to access the right service at the right time
- enabling people to better understand and manage their condition.

The service works in partnership with a diverse range of local health and social services to connect each community's existing health resources and to reduce the number of unplanned hospital admissions.

Case managers (who are registered nurses) work alongside the person involved and their family/whānau to complete a thorough assessment, develop a holistic care plan and to ensure coordinated access to the services they need.

Additional one-on-one support, education and guidance are provided by specially trained health coordinators, enabling people to actively manage their condition.

Physical Address: 1ST Floor
Concordia House
17 Pyne Street, Whakatane

Postal Address: P.O Box 545
Whakatane 3158

Phone: 07 308 5104

Website: www.tewhiringaora.co.nz

Email: two.office@healthcare.co.nz

Hours: Monday – Friday
8am – 4.30pm

Referral: Self referral

Target Group: Patients with complex and chronic needs who have the highest hospital admission rates (top 5%) – especially those with chronic obstructive pulmonary disease

HEALTHRIGHT (OUTREACH SERVICE)

We develop an individual Care Plan with agreed goals and expected outcomes. Our service is designed to extend the responsiveness and range of existing services for chronic care management alongside GP practices and other services (through home visiting and community based clinics).

We support people who have diabetes, respiratory disease, cardio vascular disease and those with related mental health concerns. The purpose of the service is to enable a person and whanau to better understand and manage their health to ensure a better quality of life.

Phone:	323 4180 323 9124
Fax:	323 6019
Email:	<u>eastbay.office@healthcarenz.co.nz</u>
Hours:	Mon-Fri 8.30am-5.00pm
Referral:	GP only

HEARTLANDS CENTRE

Heartland Services is a government-funded interagency initiative. Established in 2001, it provides local access to Government and out of town services to improve access for locals, Also providing information and resources, meeting rooms and administrative services.

Permanent Partners available:

- Eastbay REAP
- SKKIPP (Safer Kawerau Kids Injury Prevention Project)
- Pacific Health
- Plunket

Visiting Government and Social Services Agencies:

- Adult Literacy
- Baywide Community Law Service
- Before school nurse
- Community Mental Health
- Inland Revenue
- Problem Gambling Foundation
- Whakatane Audiology

Address: 60 Onslow Street
Kawerau 3169

Phone: 323 8608

Fax: 323 8607

Website: www.heartlandservices.govt.nz

Contact: Kataraina Anderson

Hours: Monday – Friday 8.30am – 4.30pm

Referral: Walk in – self referral
Other agencies

HEPATITIS FOUNDATION

We are a charitable trust promoting positive health outcomes to the people of New Zealand through education and research into viral hepatitis and early detection and long-term follow-up of chronic hepatitis B and C.

Find out everything you need to know about hepatitis B and hepatitis C, what they are, how they are transmitted, vaccinations, sexual transmission, what happens after infection and more.

Postal Address: P.O Box 647
Whakatane

Phone: (07) 307 1259
0800 332 010

Fax: (07) 307 1266

Website: www.hepfoundation.org.nz

Email: info@hfnz.nz

Target: All

HOSPICE EBOP

Hospice EBOP has been providing the best possible specialist palliative nursing service, free-of-charge, for the past 25 years throughout the Eastern Bay of Plenty, to patients with a life-limiting illness and their family/whanau.

Our community-based care is provided mainly in the patient's own home, by registered nurses who are on call 24/7. We work closely with doctors, hospitals, pharmacists and families in a culturally-appropriate manner, to help patients and their families cope with the stress and anxiety of their terminal illness.

Hospice EBOP also provides:

- Grief and bereavement counselling and support groups
- Specialist loan equipment
- Volunteers for patient /family support
- Day Stay programme once a week on Thursdays
- Biography Service
- Coordination of palliative beds in local rest home for respite or end-stage care

Physical Address: 39 Goulstone Road
Whakatane 3120

Postal Address: P.O Box 275
Whakatane 3158

Phone: (07) 307 2244

Fax: (07) 307 8057

Website: www.hospiceebop.org.nz

Email: info@hospiceebop.org.nz

Referral system: Doctor / Hospital / Healthcare Provider

Target Group: Terminally ill patients and their families

INCONTINENCE NURSE/EDUCATOR

The service is provided by Whakatane DHB (Hospital) and holds a Clinic every 2nd Wednesday at Kawerau Heartlands.

Physical Address: Kawerau Heartlands Services
KEA Building
60 Onslow Street
Kawerau

Phone: 306 0729

Contacts: Nurse/Educator

Referral system: GP referral

INDIVIDUALISED FUNDING - MANAWANUI

Individualised Funding (IF) is a payment mechanism for disability supports. It is based on a philosophy of person centred control, in which people should be empowered and enabled to live ordinary lives and have control and choice over that life. IF can give a person more choice, portability, control and flexibility as they decide how, when, and who provides their support. Not everyone can receive IF - there are certain eligibility criteria. You need to be assessed by your Needs Assessment and Service Co-ordination (NASC) Agency.

What is Individualised Funding?

Individualised Funding is money paid by the Ministry of Health to someone assessed by a NASC Agency, as needing disability supports or services. This money is used to purchase the supports and services needed. Individualised Funding gives people more choice, freedom, control and flexibility over how, when, and who provides their supports. The Ministry of Health contracts with Manawanui to provide Individualised Funding which covers disability support services for household management and personal care hours under Home and Community Support Services – a subsection of Disability Support Services.

Manawanui will assist people to manage their funds. This can range from simply choosing caregivers and service delivery plans to employing their own care providers, managing the payment for services of these providers and managing all aspects of their service delivery. These arrangements allow the person increased choice and control over how and when they use their allocated money and who provides them with support.

Postal Address:	PO Box 83 Albany Village
Phone:	0508 432 622 027 280 8925
Fax:	09 444 8439
Website:	www.incharge.org.nz
Hours:	Monday – Friday, 9am – 4.30pm
Contact:	Maria Johnson (Coach for the Bay of Plenty region)

KAWERAU AND DISTRICTS AGEING IN PLACE (KADAP) Inc.



Our mission is to meet the needs of Kawerau's older residents who want to remain in their own homes with safety and dignity as they age.

Contact Person:	Gary Hinton
Physical Address:	Rooms 6G and 7G KEA Building 60 Onslow Street KAWERAU 3127
Postal Address:	PO Box 119 KAWERAU 3169
Phone:	07 219 3940 07 219 3941
Mobile:	027 503 8125
Website:	www.kdap.org
Email:	kdapkawerau@gmail.com (office) gary.kdap@gmail.com (coordinator)
Membership:	Individual \$1.00 per week Household \$1.50 per week
Target Group:	People aged 55 and over and those with disabilities.

KAWERAU EX-ROYAL NAVAL MEN'S ASSN

A social group working for, and on behalf the Royal New Zealand Naval Association, a non-profit organisation. It is run by an executive committee and is totally voluntary.

Objects are:

- To uphold the Comradeship that began in the Navy.
- To foster good fellowship.
- To support the rendering of service for one another.
- To encourage and promote social gatherings amongst our members.
- To contribute to charities devoted to the welfare of former naval personnel.
- To abide lawfully, while encouraging and protecting the interests of our members.
- To cooperate with and support/assist any person or group in achieving objectives of the Association.
- To affiliate with or become a member of any society either in New Zealand or elsewhere, where the objectives wholly or in part support those of our Association.
- To support the Royal New Zealand Navy in any way possible.

Physical Address: 115 Onslow Street
Kawerau

Phone: Office: 323 9017
Bar: 323 9098

Website: www.rnzna.org.nz

KAWERAU LIFE KONNECT

Kawerau Life Konnect is a training and event centre purchased and run by the Kawerau Bible Chapel in 2016 and gifted to Kawerau Life Konnect Charitable Trust. It operates in the buildings of the former Kawerau Intermediate School at 371 River Road. The Chapel asked that the Konnect Trust use biblical values and principles to benefit the Kawerau community in that a safe and sound site would add value for the people of Kawerau. By using these facilities and working towards a sustainable business model, Konnect hopes to support community groups / individuals with a safe meeting place. Here educational opportunities, work experience, accommodation, commercial and social support would be offered.

Tenants and services on-site include:

- Axiom Training
- Coffin Club
- Fairy Dentures (Vicki Anderson)
- Family Works Bay of Plenty-counselling services
- Gift Shop
- Gotta be Hair (Hairdresser)
- HeARTspace – art classes for children
- Kawerau Bible Chapel – *Trekkers* for 8-12 year olds
- Konnect Catering – on-site and delivered
- Kawerau Pathways to Work
- Kawerau Ukulele Club
- KUFF – Kawerau Urban Food Forest
- Meeting rooms for hire
- SeniorNet
- Stylish Hustle – Barber
- Toi Ohomai (Rotorua Institute of Technology)
- WACT – Wera Aotearoa Charitable Trust
- Waterwheel Historic Trust

Postal Address P O Box 241
Kawerau 3169

Phone 07 282 3084

Website www.kaweraulifekonnnect.org.nz

Contact Janice Sutton 027 686 8477
janice.sutton@konnnect.org.nz

Hours Monday-Friday 8.30am-4.30pm

KEEP KAWERAU BEAUTIFUL

A voluntary group dedicated to the beautification of Kawerau.
Affiliated to Keep NZ Beautiful.

Physical Address:	Meet at Kawerau District Council Committee Room Ranfurly Court Kawerau
Postal Address:	14 Domett St Kawerau 3127
Phone:	323 9190
Website:	www.knzb.org.nz
Email:	berice@xtra.co.nz
Contacts:	Berice Julian
Hours:	Meets on the 2 nd Thursday of every month at 9.00am.
Target Group:	All ages

MEDICAL CENTRE – (Kawerau)

A general practice with doctors, nurses and attached pharmacy.

Physical Address: 26 Islington Street
Kawerau

Phone: 323 6249

Fax: 323 6349

Office Hours: Monday to Friday 7.00am-4.00pm
Closed between 12.00pm-1.00pm daily

Referral process: New patients can enrol with the practice and have their medical records transferred from their previous doctor.

MEDICAL CENTRE (Tarawera)

Tarawera Medical Centre is a general practice located in Kawerau delivering medical care to the Kawerau community.

The Tarawera Pharmacy is located next door.

Physical Address:	104 Onslow Street Kawerau
Phone:	323 8499
Fax:	323 7540
Website:	www.kaweraudoctors.com
Hours:	Monday, Tuesday, Thursday 8.00am – 6.00pm Wednesday and Friday 8.00am-4.30pm
Costs:	Vary depending on service(s) provided
Referral process:	Walk in / self referral
Daily walk-in clinic:	From 8.00-10.00am but capped at 28 patients

MEDLAB – MEDICAL LABORATORY

Medlab provide a comprehensive community laboratory service in Kawerau on referral from a GP.

Physical Address: 102 Onslow Street
Kawerau 3127

Postal Address: P.O Box 130
Seventh Street
Tauranga 3140

Phone: 323 8487
323 1020

Website: <http://www.medlab.co.nz>

Hours: Monday – Friday
8.00 am – 2.30pm

Fees: Usually free to the patient

Referral process: GP Only

MENZ SHED

The Kawerau Menz Shed is for those with time on their hands who would like to:

- get into projects in and around Kawerau and socialise on a regular basis with a cuppa
- help those in our community who are unable to do repair work themselves, without competing with contractors
- establish relationships with other Kawerau organisations such as the Waterwheel Trust, to further develop their skills and awareness.

Physical Address: 20 Liverpool Street

Phone: 022 381 0663

Hours: Every Monday and Wednesday from 10.00am-12.00pm

Contact: Peter Tebutt, Projects Manager
Brian Dent, Secretary

Other Information:

Menz Shed members are always exploring other avenues to help in the community such as painting out graffiti. They also have their own storage container.

MOTORCARAVAN ASSOCIATION (EBOP BRANCH)

The NZMCA is a membership based organisation representing the interests of private motor caravan owners in New Zealand. Members receive benefits including, but not limited to, discounts on services and products, free and low cost overnight sites, a dedicated insurance scheme and a range of handy publications.

Fellowship, camaraderie, and information sharing are also valued attributes. People wanting to join should first contact Head Office.

Following acceptance, applicant will be referred to the local contact.

Physical Address: NZ Motor Caravans Association
4 Graham Road
Takanini

Postal Address: PO Box 72147
Papakura 2244

Phone: (09) 298 5466

Fax: (09) 298 5646

Website: www.nzmca.org.nz

Email: enquiries@nzmca.org.nz

Hours: Monday – Friday
8.30am – 4.30pm

Contacts: Dave Rosser 027 442 5357
jmr111@hotmail.com

Fees: Refer to H/O for details.

Target Group: All

MOUNTAIN VIEW REST HOME AND RETIREMENT VILLAGE

Mountain View is a community owned aged care complex managed by the Kawerau Social Services Trust Board. The facility offers range of services, including:

- Permanent Hospital level and Rest Home level care for up to 50 residents
- An 18 cottage independent living, retirement village.
- Pensioner housing comprising 27 rental flats in Waterhouse Street and Porritt Drive
- Respite care (subject to be availability).

Physical Address: 192 – 202 River Road
Kawerau

Phone: 07 323 9392

Fax: 07 323 9391

Website: www.mountainviewkaweraui.co.nz

Email: reception@mountainviewkaweraui.co.nz

Reception Hours: Monday –Friday
9am – 2pm

Contacts: Facility Manager (Retirement Village & Pensioner Units)

Clinical Manager (Rest Home & Hospital)

Fees: Depends on the service provided

Target Group: Elderly people in Kawerau

NATIONAL ASSOCIATION FOR LOSS AND GRIEF (NALAG)

NALAG is a voluntary, non-profit organisation which focuses on issues related to loss and grief. It is recognised by a wide cross section of the caring professions and interested members of the community. Links are maintained to similar Organisations in Australia, Canada, the US, and the UK.

Aims

- To encourage and promote professional and community education in the areas of loss and grief.
- To encourage direct assistance in the form of individual counselling and group support to those suffering the effects of loss and grief.
- To encourage investigation, study, and research into the human experience of loss and grief.
- To coordinate grief-related activities at a local level.
- To liaise between related national and local support services.

Postal Address: National Office
44 Toi St
Otaki Beach 5512

Phone: (06) 364 8416

Website: www.nalag.org.nz

Email: nalagsec@gmail.com

Contact: Rachel Robson
(07) 307 8061
rachel.m.r@clear.net.nz

Referral: Self referral

KAWERAU NEIGHBOURHOOD SUPPORT

Neighbourhood Support aims to make our homes, streets, neighbourhoods and communities safer and more caring places to live. Neighbourhood Support New Zealand Incorporated provides support for all neighbourhood and rural support groups throughout New Zealand. Neighbourhood Support Groups enable people to share information, ideas and insights.

A Neighbourhood support group will:

- Encourage neighbours to talk to each other
- Share information that will help reduce the risk and fear of crime
- Help foster a sense of community spirit, where everyone is respected and valued
- Educate and empower neighbours to take responsibility for their own safety
- Identify the needs of neighbours and ways to assist each other
- Identify the strengths and skills of neighbours to contribute to solving local problems
- Minimise burglaries and car crime in the local area
- Reduce graffiti, vandalism, violence and disorder
- Support victims of crime
- Enhance the safety features and appearance of the neighbourhood
- Decide on ways to handle any civil emergencies that may occur
- Know when and how to contact Police, other emergency services or support agencies
- Liaise and co-operate with other community groups

Contact: Angie Nicoll ph 323 8420
021 202 1303

Website: www.kaweraugetsready.net.nz

Email: knscoordinator@gmail.com

PACIFIC HEALTH SERVICES

Community mental health services.

Physical Address: Kawerau Heartlands Centre
60 Onslow Street
Kawerau 3127

Phone: 323 8608

Fax: 323 8607

Email: kataraina@eastbayreap.org.nz

Hours: Monday – Friday
9.00am – 1.00pm

Contact: Kataraina Anderson

Costs: Vary depending on service provided

Referral process: Walk in / self referral

PHARMACY – Kawerau Pharmacy

Prescriptions, general pharmaceutical needs and requirements.

Physical Address:	Next to New World Supermarket Tarawera Court Kawerau
Phone:	323 8989
Fax:	323 8989
Website:	www.kaweraupharmacy.com
Opening Hours:	Monday – Friday 8.00am – 5.30pm Saturday 9.00am – 12.00pm Closed Sunday
Referral process:	Walk in/Self referral for general needs Doctor’s referrals for prescriptions
Services Provided:	Blister packs Free blood glucose screening Free blood pressure screening Free delivery service Free uric acid (gout) testing IHR testing (for warfarin patients) Loyalty Club Medicine use reviews (in patient homes) NZ Post/Kiwibank kiosk Passport photos Watch batteries Variety of giftware

PHARMACY – K Town Pharmacy

K-Town Pharmacy offers a broad range of specialised products and services at great prices. Our friendly team understands that everyone's needs are different, which is why we offer you personalised and individual service. We give you access to quality advice from our friendly staff, professional expertise from our pharmacists and a wide selection of health care products and medications.

Physical Address:	Kawerau Medical Centre Islington Street Kawerau
Phone:	323 8859
Fax:	323 8869
Website:	<u>http://www.k-townpharmacy.co.nz/</u>
Opening hours:	Monday-Friday 8am to 4.30pm
Referral process:	Walk in/Self referral for general needs Doctor's referrals for prescriptions

Services Provided:

Professional, friendly advice and personalised service

Blood pressure checks

Stockists of:

- Adorne Jewellery
- Bella Vi make up range and beauty advice
- MOR skin care range

PHARMACY – Tarawera Pharmacy

- Physical Address:** Next to Tarawera Medical Centre
106 Onslow Street
Kawerau
- Phone:** 323 9303
- Website:** <https://www.facebook.com/TaraweraPharmacy/>
- Opening Hours:** 8:00am-5:30pm Monday to Friday
- Referral process:** Walk in/Self referral for general needs
Doctor's referrals for prescriptions



PHYSIOTHERAPY – Kawerau Physiotherapy

Physical therapy (or physiotherapy), is a health care profession primarily concerned with the remediation of impairments and disabilities and the promotion of mobility, functional ability, quality of life and movement potential through examination, evaluation, diagnosis and physical intervention carried out by physiotherapists and physical therapist assistants. In addition to clinical practice, other activities encompassed in the physical therapy profession include research, education, consultation, and administration

Physical Address:	8 Newall Street Kawerau 3127
Postal Address:	P.O. Box 56 Kawerau
Phone:	323 8965
Email:	craigmpittar@xtra.co.nz
Hours:	Monday 7.00 am – 5.00 pm Tuesday 7.00 am – 3.00 pm Wednesday 7.00 am – 6.00 pm Thursday 7.00 am – 3.00 pm Friday 7.00 am 3.00 pm
Contact:	Craig Pittar
Cost:	ACC \$10 Seniors and CSC holders, \$14 adults Private \$45
Referral system:	Doctors/hospitals/self
Target Group:	All

PHYSIOTHERAPY – Tarawera Physiotherapy

Situated within the Tarawera medical centre complex on Onslow Street. Modern physiotherapy techniques used to help you strengthen your musculoskeletal system and alleviate pain.

Physical Address:	106 Onslow Street Kawerau
Phone:	323 9309
Website:	www.taraweraphysio.co.nz
Hours:	Monday –Thursday 8am – 5pm Friday 8am – 12pm Appointments outside these hours by arrangement
Contacts:	Physiotherapist Rebecca Avery
Cost:	Depends on service provided
Referral system:	Doctors/hospitals/self
Target Group:	All
Other Services:	Massage therapist available two days per week.

PODIATRY - EASTERN BAY PODIATRY

For information, services and treatments for foot problems such as Warts / Verrucae, Corns, Foot and Ankle Injuries, Plantar, Fasciitis, Heel Pain Arthritis, Blisters, Bunions, Paediatrics, Neuroma, Diabetes, Diabetic Ulcer, Hammer Toe, Pregnancy and the Foot, Flat Foot, Stress Fractures and Nail Problems (including thick/ingrown/fungal).

Physical Address:	Tuwharetoa Hauora 8 Ranfurly Court Kawerau
Postal Address:	10 Domain Road Whakatane 3120
Phone:	307 2271
Fax:	307 8500
Website:	www.easternbaypodiatry.co.nz
Email:	info@easternbaypodiatry.co.nz
Hours:	Tuesday - Thursday 9am – 3.30pm Phone for an appointment
Contacts:	Jette Dixon
Fees:	Depend on service provided
Target Group:	All ages

POU WHAKAARO

Adult disability and mental health support service. Day activities and term programmes.

Open: 9.00am to 3.00pm Monday to Friday

Address: 1E Tamarangi Drive, Kawerau – between House of Hope and The Village.

Postal: As above.

Phone: Sheryl Laws Patangata – Navigation Team Leader
323 8170 or (07) 308 8170 (Whakatane Office)

Free to participate

Target Group: Intellectual, Physical or Sensory disability 16 years to 65 years.
Mental Health and Addiction support 18 years to any age.

RADIOLOGY - EAST BAY RADIOLOGY

Providing world class imaging services utilising highly trained and specialised clinical staff is what Bay Radiology is all about. Our ten radiologists are supported by a team of experienced clinical technicians and well trained administrators. We do not compromise on quality when selecting equipment and supplies. We employ the most skilled and caring professionals available. Ongoing commitment is made to Continuing Medical Education, ensuring our staff are motivated and kept up to date with the latest medical technology and information.

Services provided:

- Bone Density
- CT
- Mammography
- MRI
- Ultrasound
- X-Ray

Physical Address:	Concordia House 17 Pyne Street Whakatane 3120
Phone:	308 9913
Fax:	308 9914
Website:	www.bayradiology.co.nz
Email:	Use the websites 'Contact us' form
Hours:	Call to make an appointment
Fees:	Depend on service provided
Target Group:	All ages

RAUTAHI BEREAVEMENT SOCIETY

Providing cash assistance for members in time of bereavement. There is a stand-down period of 6 months for new members, and a scale of payments for recipients depending on length of membership.

Postal Address:	PO Box 258 Kawerau
Phone:	Lisa Wana 323 8658
Email:	rautahibs@clear.net.nz
Contacts:	Lisa Wana Bill Butzbach Carol Piriini Laurence Boynton
Fees:	Joining \$25.00 per Adult Children come under parent(s). About \$8.00 per month after.
Referral system:	Contact a committee member
Target Group:	Open to all

TE RAUTAHĪ COMMUNITY MARAE

Ruatahi means "Many into One". Rautahi is for all Maori, for our cousins from the Pacific Islands and Europeans, Rautahi greets you one and all, Naumai, Tena Koutou! Tena Koutou! Tena Koutou!

Rautahi Marae is an urban marae. A place of meeting for tangihanga, educational, spiritual, cultural and recreational activities.

Address: 117 Onslow Street
Kawerau

Phone: Chick Te Ruki – 323 9085

Fees: Scaled according to usage

Target Group: ALL Welcome



RSA WOMEN'S SECTION

Social but also look after the welfare needs of returned and ex-service people.

Luncheon meetings every second month. Phone for further meeting information.

Is a branch of the Whakatane RSA

Physical Address: Meetings at Bowling Club
Plunket Street
Kawerau

Contacts: President - Pat Titshall 323 9004
Secretary - Zita King 323 8221

Fees: Returned and Service - \$25 per year
Associate Member - \$35 per year

Target Group: Relatives of ex-servicemen and veterans mainly.
But all welcome to join.

KAWERAU ROTARY

Service club and social activities. Fundraising and community projects.

Meetings every 1st and 3rd Thursday each month at 5.30pm.

Physical Address: Jive Cafe
1 Paora Street
Kawerau

Postal Address: Kawerau Rotary
PO Box 33
Kawerau

Phone: 323 7458

Website: www.kawerau.rotarysouthpacific.org

Contacts: President: Angus
Secretary: Brian Faulkner
Assn Governor: Phil Harris

Target Group: All

ROYAL NEW ZEALAND FOUNDATION FOR THE BLIND

New Zealand's main provider of sight loss habilitation and rehabilitation services to over 11,500 New Zealanders who are blind or have low vision. We equip our members with adaptive skills, technology and resources to overcome barriers to participate fully in society and lead independent lives. Our vision is to empower and support people who are blind or have low vision to ensure they have the same opportunities and choices as everyone else.

Physical Address: 73 Sixteenth Street
Tauranga South 3112

Postal Address: P.O. Box 15114
Tauranga 3144

Phone: 578 2376
0800 243 333

Fax: 578 8359

Website: www.rnzfb.org.nz

Email: general@rnzfb.org.nz

Target Group: All

SENIOR CITIZENS – Kawerau Senior Citizens Club

Description: Social / Games / Cards

Weekly Tuesday meetings 12.45pm, \$2 afternoon tea

Physical Address: Meeting venue: Bert Hamilton Hall
Porritt Drive
Kawerau

Postal Address: Kawerau Senior Citizens Club
229 River Road
Kawerau 3127

Contacts: President: Derek Kendall 323 8166
Email sr21airplane@gmail.com

Secretary: Annette Reece 323 7002

Fees: \$10.00 annual subscription per person

Target Group: 55 years +

SENIORS FORUM

Kawerau is where older people want to live because their needs and interests are taken into account. Their participation in the community is valued, therefore the Seniors Forum Kawerau was established to enable older citizens to act as a conduit for the needs and concerns of older citizens. This leads to representation to Council.

Meetings are held on the second Wednesday of the month 3.00pm – 4.00 p.m.

Physical Address: Meet at Council Chambers
Kawerau District Council

Contact: Chairperson: Leo Meharry 027 655 8839
Secretary: Lyn Hughes 323 8630

Target Group: Kawerau residents aged 65 and over

SENIOR NET

IT and Computer classes for Seniors held weekly on Thursdays – 1.00pm - 3.30pm.
May be extra classes by arrangement.

Physical Address: Room 16 Kawerau Life Konnect
371 River Road
Kawerau

Postal Address: Kawerau SeniorNet
P.O. Box 83
Kawerau 3169

Website: www.seniornet.co.nz

Email: ksnet201112@gmail.com

Contacts: President - Wayne Purcell 323 4149
Secretary - Margaret Paul
Alternative Contact - Ruth Plank 323 7404

Fees: \$30.00 per year

Target Group: 50 years + but flexible

ST JOHN'S AMBULANCE

Ambulance service and first aid training

IMPORTANT - in an emergency Ring 111 and ask for an ambulance.

Physical Address: St John Kawerau
37 River Road
Kawerau

Phone: 323 8800
0800 785 646

Website: www.stjohn.org.nz

Hours: 24 Hours

Target Group: All

STROKE SUPPORT

Stroke Support has strong association with the Disabilities Resource Centre in Whakatane.

Website: www.stroke.org.nz

Contacts: Disabilities Resource Centre,
143 King Street
Whakatane. Phone (07) 307 1447

Stroke Foundation Field Officer:
Vivienne Witt (07) 349 6022
(021) 962 379

Referral system: Hospital/Doctor/Stroke Foundation

Target Group: Stroke victims

THREE PEAKS (TUWHARETOA) KAUMATUA PROGRAMME

Working under the Hauora, meetings and socialising for older people in and around Kawerau with health and other beneficial activities as part of the curriculum.

- Physical Address:** City on a Hill Christian Hall
Newall Street
Kawerau 3127
- Phone:** 323 8047
- Hours:** Wednesday and Friday
10.00am – 3.00pm
- Contacts:** Enquiries to Tuwharetoa ki Kawerau Hauora, Ranfurly Court premises.

Phebe Eruera (Coordinator) 027 482 8065
- Email:** pjeruera@gmail.com
phebe@tuwharetoa.org.nz
- Fees:** Free
- Referral system:** Just come along
- Target Group:** Over 60s with younger if needed

TUWHARETOA KI KAWERAU HAUORA

Tuwharetoa Ki Kawerau Hauora is an Iwi based Maori Health Provider delivering a range of services to the people of Kawerau and surrounding districts. It aims to provide quality health, social and education services that reflect Te Taha Wairua, Te Taha Hinengaro, Te Taha Tinana and Te Taha Whanau. The organisation provides services to ages 0 to 60+.

Services include:

- Kaupapa Maori Early Intervention
- Mental Health services
- Tamariki Ora
- Kaumatua programme
- Elder abuse support
- GP and Nurse clinic
- Health Promotions
- Whanau Ora Rangatahi
- Family Start programme
- High needs service coordination
- Kaupapa Maori transitional programme
- Sexual health clinic

Postal Address	28-30 Islington Street Kawerau
Postal Address:	P.O Box 262 Kawerau 3169
Phone:	323 8025 323 8047
Fax:	323 8035
Email:	hauora@tuwharetoa.org.nz
Hours:	Monday – Friday 8.30am – 4.30pm
Costs:	No costs
Referral Process:	Self referral

UKULELE CLUB

The Kawerau Ukulele Club meets at Kawerau Life Konnect each week.

Beginners are most welcome to attend and learn.

Bring your own uke or guitar and join us.

Phone: Robyn 323 6281

Hours: Meetings are held on Thursday afternoons from 1 – 3 pm

VICTIM SUPPORT

Victim Support has two main aims:

- To provide information, support and assistance to victims, witnesses, their families and friends, and
- To promote victims' rights through raising public awareness and recognition of the effects of crime.

Services include:

- Crisis and ongoing support
- Advocacy
- Victim support advocates to authorities and decision-makers
- Specialised homicide and suicide support

Postal Address: P.O Box 282
Whakatane

Phone: 308 2330
Get Help - 0800 842 846
Volunteer – 0800 865 868

Website: www.victimsupport.org.nz

Email: nationaloffice@victimsupport.org.nz

Hours: 24 hour emotional support

VISIQUE EYECARE

Eye testing and prescription of glasses and contact lenses. Contact to make an appointment.

Physical Address: Heartlands Centre
KEA Building
60 Onslow Street
Kawerau

Postal Address: P.O Box 119
Kawerau

Phone: 323 9044
308 8487

Hours: Wednesdays in Kawerau at Heartlands
8.30am – 2.00pm

Contact: Ian Finch (Whakatane)

Fees: \$60 with Gold Card
\$65 Non-card holders
Additional costs subject to eye care requirements.

Target Group: All ages

WATERWHEEL HISTORIC TRUST

Begun in 1989 and registered in 1990, in an effort to preserve the history of the Eastern Bay of Plenty. Every piece of equipment has its own story-these agricultural and industrial items need saving to enable the stories to be told.

The collection is based at Kawerau Life Konnect.

Meet Wednesday mornings to concentrate on upkeep and development of collection items.

Meet Friday mornings for workshops to focus on renovating items.

Also hold "Live Days" during the year.

Physical address	371 River Road Kawerau.
Postal address	c/o 283a Pohutukawa Ave Ohope 3121
Contacts	John Galbraith 027 448 839 Stephanie Johnson 021 105 4531
Fees	Full membership \$30 per annum
Target groups	All

WOMEN'S INSTITUTE

Fund raising for women's refuge and all things relating to women and children.

Meetings: Combined meetings held on the 4th Monday of each month with Edgcumbe Women's Institute

Postal Address: 129 Onslow Street
Kawerau 3169

Phone: 323 7899 - Evenings Only

Contacts: Jenny Asquith

Target Group: Older age group

WORK and INCOME

Work and Income provides financial assistance and employment services throughout New Zealand in a single point of contact for those needing job search support, financial assistance and in-work support.

Helping people into work and paying income support on behalf of the Government includes New Zealand Superannuation and Veteran's Pension payments, along with the administration of residential care and support subsidies. Work and Income also administers the Community Services Card, International Services and the Enterprising Communities Grants programme.

Services include: Benefits, CU workshops, job search workshops to develop job seeking skills, advise entitlements, provide other grants and allowances, emergency grants, working with course providers, work opportunities, provide training incentive allowances for Sole Parent Benefit and invalids to up-skill, support/recruitment for employers, accommodation, Disability allowance, Temporary additional support, child disability, support for hardship

Physical Address: Tarawera Mall
Kawerau

Phone: 0800 559 009
Monday – Friday: 7am – 6pm
Saturday: 8am – 1pm

0800 552 002 – Senior Services
Monday – Friday: 8am – 5pm

Website: www.workandincome.govt.nz

Office Hours: Monday – Friday
8.30am – 5.00pm

Referral process: Walk in/Self referral

YOGA

A gentle form of yoga particularly suited to older persons and beginners, *Yonique* consists of slow gentle yoga stretches and movements.

Physical address

Bert Hamilton Hall
Porritt Drive
Kawerau.

Hours

Classes held Friday 10.30am

Contact

Loretta 021 336 1859
lorettainnz@gmail.com

Costs

\$3 per class

Publication produced by Kawerau District Council,
in association with the Kawerau Seniors Forum.